



## MapActive Course Brochure – June and July 2025

The course is in two stages: Stage 1 assumes little or no prior map reading experience. Stage 2 is suitable for people who have some orienteering map-reading experience. People can sign up for each part separately or for the whole course in advance.

The coaching sessions are on Saturday mornings 10:30 – 12:30 and the NOC events are on Sunday mornings with start times from 10:30 to 12 noon.

The Zoom sessions (7.30 – 8:30pm) reinforce what we did in the coaching sessions and involve interactive games.

### **Fees:**

Fees cover all maps (printed on waterproof paper), event fees (usually £8 per adult; £3 per child), loan of specialised equipment (compasses, electronic timing devices) and the club's expenses (e.g. the access fees, governing body fees etc.)

- Adult Full course paid in advance £30. For just one part, Stage 1 or Stage 2: £18.
- Family Fee for 1 adult/carer and 1 child in School year 5+ (age 8 years+). Full course £42. For just one of Stage 1 or Stage 2: £24.

Note that children may like to take part in the sessions independently of their parent/carer, which is very likely as they gain confidence. With a mix of adults and children we will try to have coaches available for different age groups.

See next page for dates, venues and an outline of the course. NB the dates will not change but some venues are to be confirmed (tbc) as we wait for permissions.

Coaching sessions & events on Saturdays 10:30 to 12:30. NB one is on a Sunday morning.  
Zoom sessions on Wednesdays 19:30 to 20:30 – recap of the previous session

### Stage 1

<b>Session 1</b>  <b>7 June &amp; Zoom session</b> <b>11 June</b>	Rushcliffe Country Park	From little or no orienteering experience participants will develop an understanding of orienteering maps and how to use them.
<b>Session 2</b>  <b>14 June &amp; Zoom session</b> <b>18 June</b>	Bramcote Hills Park tbc	
<b>*Sunday</b> <b>22 June</b>	Colwick Park	Take part in an appropriate course at a club event

### Stage 2

<b>Session 3</b>  <b>28 June &amp; Zoom session</b> <b>2 July</b>	University of Nottingham main campus near Lakeside Arts Centre tbc	Visualising map information and simplifying it so as to make route choices more quickly.  Using 'attack' points to help to find controls away from handrails.
<b>Session 4</b>  <b>5 July &amp; Zoom session</b> <b>9 July</b>	Hardwick Hall with our neighbouring Derbyshire club  tbc	
<b>12 July</b>	Nottingham Urban event, The Embankment & The Meadows	Take part in an appropriate course at a club event

Sign-up using [The Start Kite.](#) We look forward to welcoming you on to the course!

If you have any queries please send an email to [coaching@noc-uk.org](mailto:coaching@noc-uk.org)